

Ad Fontes

Feedback from the Students

Parents are upset about “it” all - vaping, self-medication, stress, college, social media

But what is IT?

In their own words: Self-Deception

Both students and parents are guilty of this

For parents: the idea that it's "not my son"

For students: A lack of self-awareness - beliefs, intelligence, ability, self control, "will power"

Quick as we are to criticize others' delusions, we rarely consider whether we might have the same problem.

To take a closer look means to see ourselves clearly, completely, and with compassion

So let's take a closer look....

JUUL

\$300 Million

70% Market Share

Nicotine

Addictive

Ubiquitous with teens

Multi flavored



Suorin

Pod Juice

Refillable

Harsher hit

Discreet & Sleek



THC, CBD, Interchangeable Parts

Accessible

“Legal”

High concentration

Fruity smell

Easily concealed



Xans, xanny-bars (xanax)... and maybe fentanyl

Lil' Peep

XXXTentacion

<http://www.fox5dc.com/news/counterfeit-xanax-laced-with-deadly-fentanyl-becoming-popular-party-drug>

<https://www.eaze.com/>

What Else are our Students Saying?

STRESS & ANXIETY ARE REAL

- College pressure to “go to the best school” more than “go to the best fit.”
- Comparing ourselves to others
- Desire to be “heard” and “noticed” -
Social Media
 - FOMO
 - “Am I enough?”
 - “Am I living the way I’m supposed to be living?”
 - “How will I get invited?”
 - Just moments... not a true narrative

MEASURING UP

- Students say they are legitimately fearful of letting their parents down
- They mention their friend groups A LOT: They acknowledge the truth of “Show me your friends and I’ll show you your future”
 - But they DON’T think peer pressure is a problem at Loyola
- Parents: be mindful of what is in your own medicine cabinets
- Balance between being micromanaged vs being assisted
- Tell us what we’re doing right; not just what we’re doing wrong
- When a kid tells you he’s overwhelmed: listen

Mental Health

Stigma is disappearing among this generation:

- The ability to define it, name it, articulate it, talk about it
- So, too, is the stigma of marijuana
- An emphasis on our campus for a proactive response... this follows the trends we see nationally
- Loyola has a sincere interest in getting in front of these issues

SO WHAT CAN LOYOLA DO?

- Holistic View of Counseling
- Speakers on Campus (Learning Differences)
- Student Organizations
- Mental Health Awareness, Mindfulness
- Organic Conversations with Teachers
- Continuing to support our faculty and students
- Trust our students
- Trust our Ignatian Charism
 - Presumption of Good Will
 - *nemo dat quod non habet* (no one gives what he does not have)

And what if you need more help.....?

TELL US ABOUT IT

- We can't help if we don't know
 - **Care Management Team**
 - One of the most important things we do
 - Collaborative Meeting: Student, Parents, Counselor, Mr. Annarelli, Mr. Aristov, Fr. Barber
 - Based on methodology of psychologists and physicians
 - Discretion

Stopt App (Cura Personalis)

APP STORE:

Stopt

Code: 1901Venice

Bypasses the Dean's Office

Help fix a problem before it affects the community negatively